



**JUNIOR GRADING SYLLABUS - UP TO 16 YEARS OF AGE** [ Sections each merit **one** stripe. ]

For <b>RED</b> BELT	For <b>YELLOW</b> BELT	For <b>ORANGE</b> BELT	For <b>GREEN</b> BELT	For <b>BLUE</b> BELT	For <b>BROWN</b> BELT
<p>Torifune            Forward ukemi            Backward ukemi            Shikko</p> <p>.....</p> <p>Basic taisabaki:            Tenkan            Irimi-ashi            Gyaku hanmi -            katate-dori shihon-            age</p> <p>.....</p> <p>Tsugi ashi            Irimi tenkan            Aihanmi katatedori            ikkyo</p> <p>.....</p> <p>Gyaku hanmi-            katate-dori tenkan            Gyaku hanmi-            katate-dori irimi            Aihanmi katate-dori            iriminage            Suwariwaza kokyū-ho</p>	<p>Hanmi-handachi            gyaku hanmi shiho-            nage            Gyaku hanmi ikkyo</p> <p>.....</p> <p>Gyaku hanmi tenshi-            nage            Gyaku hanmi kokyu-            nage            Taisabaki from            yokomenuchi</p> <p>.....</p> <p>Shomenuchi ikkyo            Yokomenuchi ikkyo</p> <p>.....</p> <p>Ikkyo shihogiri            Shutouchi shomenu-            chi            Shutouchi            yokomenuchi</p>	<p>Taisabaki from            chudan tsuki            Taisabaki from            shomenuchi            Gyaku hanmi nikyo</p> <p>.....</p> <p>Aihanmi katate-dori            nikyo            Gyaku hanmi katate-            dori uchi-kaiten            kokyu-nage            Aihanmi katate-dori            shihonage</p> <p>.....</p> <p>Aihanmi katate-dori            kotegaeshi            Gyaku hanmi katate-            dori sumiotoshi</p> <p>.....</p> <p>Chudan tsuki            kotegaeshi            Ryote-dori tenshinage</p>	<p>Gyaku hanmi katate-            dori iriminage            Gyaku hanmi katate-            dori kotegaeshi</p> <p>.....</p> <p>Kata-dori ikkyo            Shomenuchi irimi-            nage</p> <p>.....</p> <p>Aihanmi katate-            dori sankyo            Shomenuchi nikyo</p> <p>.....</p> <p>Gyaku hanmi uchi-            kaitenage            Gyaku hanmi            udekimenage            Gyaku hanmi            soto-kaitenage</p>	<p>Ryote-dori shihonage            Suwariwaza shomen-            uchi ikkyo</p> <p>.....</p> <p>Hanmi handachi            ryote-dori shihonage            Morote-dori shihon-            age</p> <p>.....</p> <p>Shomenuchi            kotegaeshi            Shomenuchi nikyo            Shomenuchi with            bokken</p> <p>.....</p> <p>Shomenuchi sankyo            Forward ukemi with            bokken</p>	<p>Ushiro ryote-dori            ikkyo            Ushiro ryote-dori            kokyunage</p> <p>.....</p> <p>Yokomenuchi            shihonage            Yokomenuchi ikkyo</p> <p>.....</p> <p>Morote-dori ikkyo            Morote-dori            kokyunage</p> <p>.....</p> <p>Shomenuchi yonkyo            Morote-dori nikyo            Morote-dori sankyo            Haishin undo</p>
<p><b>PLEASE REMEMBER:</b>            Study and prepare <b>carefully</b> for each grading.            An <b>optional</b> technique will be asked for at each grading.  <b>Learn</b> from the experience, whether you pass or fail.            Remember to <b>thank</b> your Instructors and dojo partners.            A grading fee is only required when you pass each <b>full belt</b>.</p>					